

Social Care Managers Forum- May 2023

Workforce Learning & Development:

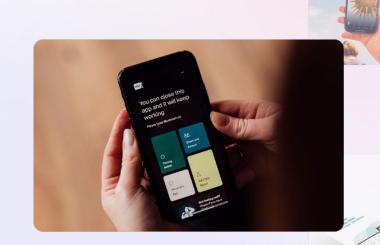
Understanding the Attitudes, Expectations, and Motivations of Frontline Staff



BIGMOTIVE

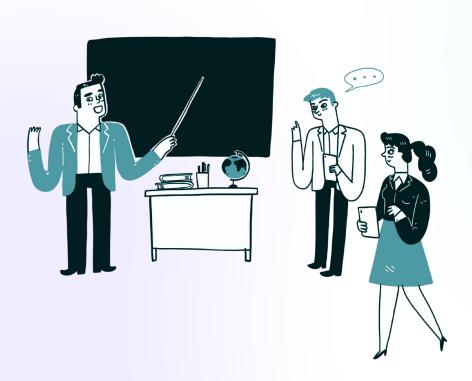
A Strategic Design & Innovation Studio

We collaborate with global brands, local governments, tech startups and nonprofits to create future -ready digital services in step with the needs of *people* and the *planet*.





The Study



The Background

The Social Care Council is developing two initiatives to provide structured opportunities for continuous professional learning and development:

- The Care in Practice Framework
- The Safe and Effective Care Practice Certificate

The goals of these initiatives are to:

- Enable the workforce to provide the best care and support
- Provide opportunities for recognition and specialisation
- Address retention issues by increasing appeal as a long-term career

The Brief

Big Motive were asked to engage with a diverse population of Social Care Workers to inform the design, development, and deployment of these two initiatives.

We were asked to help understand:

- Attitudes and expectations regarding long -term working and learning in the Social Care profession.
- Barriers that may impact workforce retention and training.
- Perceptions of the two proposed L&D initiatives

Findings from this research would be used by the Social Care Council to refine the initiatives prior to launch.



Methodology



→ Participatory focus groups

- A series of online group discussions with SCWs
- Discussion of the the advantages and disadvantages of working in the profession.
- Open discussion regarding the two initiatives

→ Individual telephone interviews

 One-to-one telephone interviews to explore focus group themes in greater depth

→ Online survey

 An online survey to validate our findings with a wider population of the workforce.

201 Participants involved

53 In focus groups / interviews

148 In surveys



Type of Service & Sector

Daycare / Day Opportunities: 3 Charity / Voluntary Sector: 3

Statutory Sector - e.g. HSC Trust: 1

Domiciliary Care: 21

Independent / Private Sector: 12 Charity / Voluntary Sector: 1

Statutory Sector - e.g. HSC Trust: 8

Nursing / Residential Care: 10

Independent / Private Sector: 8 Statutory Sector - e.g. HSC Trust: 2

Supported Living: 19

Independent / Private Sector: 9 Charity / Voluntary Sector: 6

Statutory Sector - e.g. HSC Trust: 4





Male: Female:

22

Ethnicity

White:

47 Black / African / Caribbean:

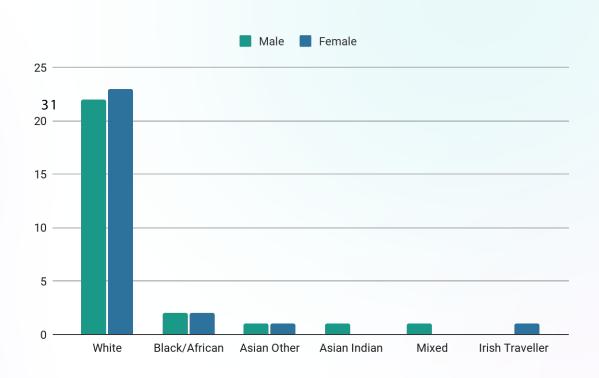
Asian - Other:

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Asian - Indian:

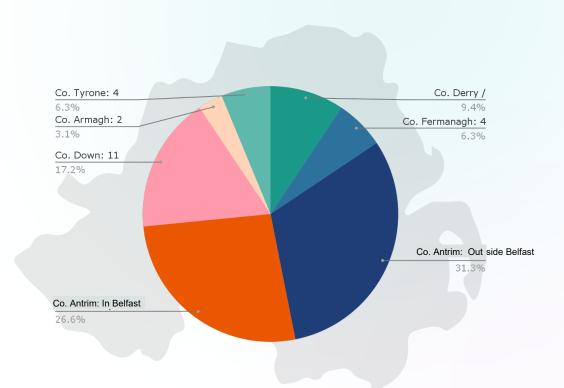
Mixed / Multiple:

Trish Traveller:



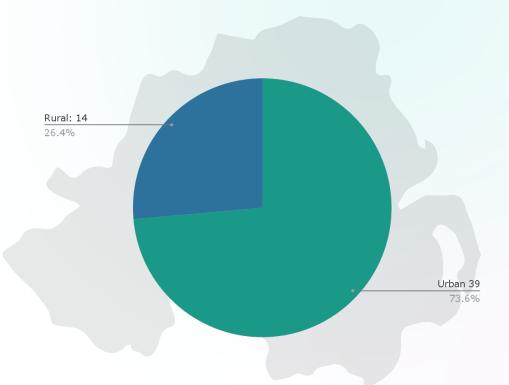
Location

Co. Antrim (In Belfast):	1	
Co. Antrim (Outside of Belfast):		
Co. Armagh:		
2		
Co. Down:		
11		
Co. Derry / Londonderry:	6	
Co. Fermanagh:		
4		
Co. Tyrone:		
4		



Urban / Rural

Urban: 39 Rural: 14



		Time in the profession (years)					
		0-1	2-5	6-10	11-20	21+	
Age	20-29	0	1	1	0	0	Total: 2 (Part time 1, Full time 1)
	30-39	4	4	4	1	0	Total: 13 (Part time 3, Full time 10)
	40-49	1	5	4	6	1	Total: 17 (Part time 6, Full time 11)
	50-59	3	6	0	3	1	Total: 13 (Part time 6, Full time 7)
	60-69	1	0	2	3	2	Total: 8 (Part time 4, Full time 4)
		Total: 9 (Part time 4, Full time 5)	Total: 16 (Part time 5, Full time 11)	Total: 11 (Part time 4, Full time 7)	Total: 13 (Part time 4, Full time 9)	Total: 4 (Part time 3, Full time 1)	

Focus group & interview engagement

Expressed interest

271 SCWs completed an EOI form, indicating their desire to participate.

Actively signed up

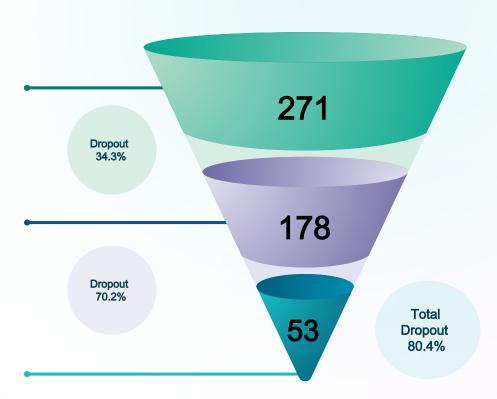
178 SCWs engaged in follow-up communication to arrange a session.

Participated

26 SCWs engaged in 1:1 phone calls.

27 SCWs engaged across 10 focus groups.

This high dropout rate prompted survey engagement.



Survey demographics

Number of eligible responses: 148*

Employment status

Full time: 81 (54.7%)
Part time: 61 (41.2%)

Sector k / zero-hours):

Co. Derry / Londonderry:

Independent / Private Sector: 75 (50.7%)
Statutory Sector - e.g. HSC Trust: 64 (43.2%)
Charity / Voluntary Sector: 7 (4.7%)

6 (4.1%)

15 (10.1%)

39

Location

Co. Down:

(26.4%)
Co. Antrim (In Belfast): 27
(18.2%)
Co. Antrim (Outside of Belfast): 27 (18.2%)
Co. Tyrone: 18
(12.2%)
Co. Armagh: 17
(11.5%)

Time in the profession

Less than 1 year:19 (12.8%)1-2 years:19 (12.8%)3-5 years:27 (18.2%)6-10 years:34 (23.0%)11-15 years:16 (10.8%)16-20 years:7 (4.7%)21+ years:26 (17.6%)

Time with current employer

Less than 1 year:	25 (16.9%)
1-2 years:	21 (14.2%)
3-5 years:	25 (16.9%)
6-10 years:	25 (16.9%)
11-15 years:	22 (14.9%)
16-20 years:	10 (6.8%)
21+ years:	20 (13.5%)

^{* 180} responses were received, however, 32 were excluded due to the respondent being a Social Care Manager (16), or having previous involvement in a research session for this project (16)

Key Insights

Attitudes towards the Social Care Profession



Attitudes towards the Social Care Profession



SCWs enter the profession motivated to help others

- → Social Care Workers said their role is more of avocation than a profession, with altruistic and personal drivers influencing career progression.
- → Many entered into the role with a desire to make a difference in people's lives, with previous experience of caring for a relative or friend.

"I looked after my father, when he passed away I applied to become a carer - I was lost without him"

"A job came up and I'd been looking after my wife who passed away. A friend suggested I work in social care"

Attitudes towards the Social Care Profession



SCWs are impacted by work pressures and role complexity

- → Some expressed considering leaving the role due to inadequate management and increasing job stress.
- → This, combined with high and unpredictable work demands, was one of the reasons for the high dropout (80%) rate during sessions.
- → Some described using the role to prepare for other career aspirations like nursing.



What SCWs said...

"You should work
in a Social Care
role for a week and
see if you turn up
for a research
session."

"Why bother, no-one is going to listen."

"Even mandatory meetings, people don't turn up - this is a typical dropout."

"The past years have been horrendous, I would have left during COVID, but users needed us - we took the brunt of it - they should have told us that we did a good job"



Some describe learning opportunities as accessible & motivating

"My work is good.
They let you off to do a course, they would support you in it. You wouldn't have to do it on annual leave or anything - they're great."

"I would love to progress in my field and get a higher position like management because I know how the staff feel and we can make improvements"

- → Some participants described feeling supported in accessing learning opportunities within their employment.
- → Some described feeling hopeful to progress in their role through learning opportunities.
- → Most described that they undertake learning and development to be able to better look after their users.
- → Many SCWs talked about the value of their practice experience as having equal or greater value than formal learning and development

Why do you want to continue to learn and develop in your role?

Response	Number	<u>Percent</u>
I would like to be considered for promotion	50	33.8
I would like to increase my salary	68	45.9
I would like to improve how I work	87	58.8
I would like to improve the care I provide	93	62.8
I would like more responsibility	37	25.0
I do not want to continue to learn and develop in my role	14	9.5



Barriers to learning and development

- → SCWs reported difficulties in obtaining information about the various career development opportunities available.
- → They described missing out on valuable learning experiences and potential career progression.
- → Other barriers included:
 - Workload and stress
 - ◆ Tight and unpredictable schedules
 - Paid time to undertake learning & development

41.2% of survey respondents indicated they did **not have time** to attend L&D opportunities.

Only 9.5% of survey respondents did not want to continue to learn and develop in their role.



SCWs described a lack of support from management

- → SCWs described a separation between management and ground-level workers, leading to a lack of understanding, support, and guidance, making staff feel overwhelmed.
- → SCWs described challenges in obtaining the necessary support to engage in basic training due to:
 - Understaffing,
 - Inflexible scheduling,
 - ◆ Inadequate financial assistance to undertake learning and development,
 - limited guidance or motivation from management.



What SCWs said...

"Possibly our managers wouldn't want to see us progressing as they would lose staff in an already understaffed area"

"I have been told there's no staff- we need you in work and are cancelling your training."

"There is not enough
guidance/support - adjustments
weren't made to my rota and I
couldn't attend classes"

"I've been motivated to learn for years and it has just never happened, people want to progress but employers don't respond"



Crucially, no SCWs reported having a Learning & Development plan*

- → "I have no career plan"
- → "I don't know where to go to develop my career"
- → "I have no idea how to pursue a higher level in H&SC, how do I move from the bottom?"
- → "I have no career goals no opportunities have presented [themselves]"
- → "You neglect bettering yourself because you're focused on the residents"

20.9% of survey respondents stated that they had **no support in progressing their role**.

16.2% of survey respondents stated that they did not know about any learning and development opportunities.

Attitudes Towards the Care in Practice Framework



Attitudes Towards the Care in Practice Framework



The CIP Framework will help SCWs feel motivated for role & career progression

- → Participants described that having an understanding of potential pathways would help them with progression.
- → Participants expressed that accessing the framework would help them to feel valued, confident, and protected in their roles.

"It would motivate myself to become more [involved in] L&D . This would also give myself more professionalism and know what the next stages are"

"The CIP Framework could help me learn and help me progress to doing a leadership and management course which will help promote my work and enhance the value of the workforce."

Attitudes Towards the Care in Practice Framework

Would this framework motivate you to progress in your career?						
Response	<u>Number</u>	Percent				
Yes	106		71.6			
No	42		28.4			
Would this framework support your learnin	g and devel	opment?				
Response	Number	Percent				
Yes	126		85.1			
No	22		14.9			
Would this framework encourage you to stay in social care?						
Response	Number	Percent				
Yes	110		74.3			
No	38		25.7			

Attitudes Towards the Care in Practice Framework



Considerations regarding the CIP Framework

- → Participants described that employers would need to be engaged with the framework if it is to be successful
- → They expressed the need for:
 - Clarity regarding the role of the manager.
 - ◆ Clear structures to support an L&D culture
 - CIP Champions
- → They also described a need for acceptance of other fundamental needs, including:
 - Paid and protected time to undertake L&D
 - ◆ Equitable access to L&D

Attitudes Towards the Safe & Effective Care Practice Certificate



Attitudes Towards the Safe & Effective Care Practice Certificate



The Practice Certificate would increase flexibility and credibility

- → Many participants described that the H&S Practice Certificate would increase flexibility in employment and save the need for repeated training.
- → Participants described the potential impact of having the certificate as feeling credible, recognised, and trusted in their abilities and role.

"It would make you feel like your skills are recognised. there's stigma around care that it's unskilled"

> "You would feel like you've some sort of qualification to keep you in the job"

"If you have to get retraining it makes you feel like they don't think you know what your doing"

"It would make you feel like your skills are recognised. there's stigma around care that it's unskilled" "If it does what it says its going to do, then why wouldn't it work.

Time is of the essence here. Get it rolling, get people listening, get them interested, back up what you propose and don't let us down.

It has the potential to offer stability for future carers and the families they come into contact with [..] it should, if implemented correctly, build the next generation of carers for all settings."

Attitudes Towards the Safe & Effective Care Practice Certificate



Considerations for the Practice Certificate

- → Some participants described that individuals who have low confidence in education may be deterred from entering the role if certificate is mandatory.
- → Others reflected upon the existing barriers due to service pressures.

"I think it could act as a barrier.

For people who might find it hard to do things like that"

"At the beginning of my role, I wouldn't have had time to do the certificate because they're so understaffed""

Relevant Survey Results

What impact might the potential new Safe and Effective Care Practice Certificate have on new people coming into social care?

Response	Number	<u>Percent</u>	
It could help them to feel recognised and valued	105		70.9
It could improve the care and support they provide to service users	105		70.9
It could encourage more people to become a social carer worker	78		52.7
It could discourage some people from becoming a social care worker	34		23.0
None of these	5		3.4

Next Steps

Next Steps

Continuing Development

- → These insights have provided confidence and clarity in the continuing development of the CIP Framework and H&S Practice Certificate.
- → The insights will be used to further develop and refine these initiatives.

Research with Social Care Managers

→ We hope to obtain funding to conduct similar research with Social Care Managers, to better understand how integration of these initiatives can be supported, and how the barriers identified by the workforce can be addressed.



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Thank you.

