

NISCC: Social Care Frontline Engagement

Summary Report

March 2023

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Project Overview

Introduction

The Big Motive team aimed to capture actionable insights from a diverse population of Social Care Workers to inform the design, development, and deployment of two new initiatives for learning and development: the Care in Practice (CIP) Framework and the Health & Safety (H&S) Practice Certificate.

We gathered input from a range of social care participants through various research methods, and identified barriers and challenges that needed to be addressed during implementation. Our recommendations are based on these insights and will be presented in the following sections.

Strategic Aims

- → Gain an understanding of SCWs attitudes, expectations, and motivators towards working and learning in the social care profession.
- → Explore attitudes, expectations, and motivators related to the CIP framework and the entrance level H&S Practice Certificate.
- → Identify barriers that may impact workforce retention and training.
- → Identify challenges that may arise during the implementation of the CIP framework and H&S Practice Certificate.
- → Provide recommendations based on the barriers identified.

Methodology

→ Participatory focus groups

We facilitated a series of online sessions, which allowed SCWs to visualize the CIP framework, engage in group discussions, and share the advantages and disadvantages of working in the profession. While was there was an excellent response to registering for the focus groups. However there was a high drop rate (80%) in the SCWs who attended. It was reported this was due to high and unpredictable work demands.

→ Individual telephone interviews

We conducted these one-on-one interviews over the phone at the times that best suited the SCWs to explore themes in greater depth.

→ Online survey

Due to the high drop out rate, we deployed an online survey to systematically reach saturation on our findings and to validate findings with a wider population of the workforce.

Type of Service & Sector

Daycare / Day Opportunities: 3 Charity / Voluntary Sector: 3 Statutory Sector - e.g. HSC Trust: 1

Domiciliary Care: 21 Independent / Private Sector: 12 Charity / Voluntary Sector: 1 Statutory Sector - e.g. HSC Trust: 8

Nursing / Residential Care: 10 Independent / Private Sector: 8 Statutory Sector - e.g. HSC Trust: 2

Supported Living: 19

Independent / Private Sector: 9 Charity / Voluntary Sector: 6 Statutory Sector - e.g. HSC Trust: 4





Location

Co. Antrim (In Belfast):				
Co. Antrim (Outside of Belfast):				
Co. Armagh:	2			
Co. Down:	11			
Co. Derry / Londonderry:		6		
Co. Fermanagh:	4			
Co. Tyrone:	4			





		Time in the profession (years)					
		0-1	2-5	6-10	11-20	21+	
Age	20-29	0	1	1	0	0	Total: 2 (Part time 1, Full time 1)
	30-39	4	4	4	1	0	Total: 13 (Part time 3, Full time 10)
	40-49	1	5	4	6	1	Total: 17 (Part time 6, Full time 11)
	50-59	3	6	0	3	1	Total: 13 (Part time 6, Full time 7)
	60-69	1	0	2	3	2	Total: 8 (Part time 4, Full time 4)
		Total: 9 (Part time 4, Full time 5)	Total: 16 (Part time 5, Full time 11)	Total: 11 (Part time 4, Full time 7)	Total: 13 (Part time 4, Full time 9)	Total: 4 (Part time 3, Full time 1)	

Focus group & interview engagement

Expressed interest

In December, an "expression of interest" form was circulated through NISCC communication channels. **271** people completed the form, indicating their desire to participate in research either via telephone call or focus group.

Actively signed up

52 participants took further action in scheduling themselves in for a Focus Group session, while **60** participants were contacted over the telephone. **66** additional participants were invited to a second round of Focus Groups in March.

Participated

In total, we had success in interviewing **26** participants across 1:1 phone calls and **27** participants across 10 focus groups.



Survey demographics Number of eligible responses: 148*

Employment status

Full time: 81 (54.7%) 61 (41.2%) Part time: Other (Bank / zero-hours): 6 (4.1%)

Sector

Independent / Private Sector: 75 (50.7%) Statutory Sector - e.g. HSC Trust: 64 (43.2%) Charity / Voluntary Sector: 7 (4.7%)

Location

Co. Down: 39 (26.4%) Co. Antrim (In Belfast): 27 (18.2%) Co. Antrim (Outside of Belfast): 27 (18.2%) Co. Tyrone: 18 (12.2%) Co. Armagh: 17 (11.5%) Co. Derry / Londonderry: 15 (10.1%) Co. Fermanagh: 5 (3.4%)

Time in the profession

Less than 1 year:	19 (12.8%)
1-2 years:	19 (12.8%)
3-5 years:	27 (18.2%)
6-10 years:	34 (23.0%)
11-15 years:	16 (10.8%)
16-20 years:	7 (4.7%)
21+ years:	26 (17.6%)

Time with current employer

25 (16.9%)
21 (14.2%)
25 (16.9%)
25 (16.9%)
22 (14.9%)
10 (6.8%)
20 (13.5%)

* 180 responses were received, however, 32 were excluded due to the respondent being a Social Care Manager (16), or having previous involvement in a research session for this project (16)

Key Insights

Barriers to Career, Learning and Development

Increased workload and stress Tight and unpredictable schedules Financial compensation Cost of fuel Cost of living Paid time to undertake learning and development Lack of communication Not listening to workers "The industry has bigger problems"

"This pathway is like a plaster to the bigger problem - they need to go deeper than that"

"People up high should be on the ground knowing what's happening before they suggest things"

"H&SC workers are in a chaotic situation, they just want to be heard and seen"

"People are getting very overwhelmed -it's affecting their mental health they are having to leave - they can't cope"

41.2% of survey respondents indicated they did not have time to attend L&D opportunities.

Only 9.5% of survey respondents did not want to continue to learn and develop in their role.

Social Care Workers described a lack of support from management

Management has been described as separate from ground-level workers, leading to a lack of understanding, support, and guidance, making staff feel overwhelmed. Social Care Workers frequently face challenges in obtaining the necessary support to engage in basic training.

This lack of support may stem from factors such as understaffing, inflexible scheduling, inadequate financial assistance to undertake learning and development, or limited guidance or motivation from management. "Possibly our managers wouldn't want to see us progressing as they would lose staff in an already understaffed area"

"You're afraid to approach [management] because they have their own agenda"

"I've been motivated to learn for years and it has just never happened, people want to progress but employers don't respond"

"It's [training opportunities] not filtered down from management, you find the management are picking the cream of the training to better themselves"

"There is not enough guidance/support - adjustments weren't made to my rota and I couldn't attend classes"

Social Care Workers reported that they did not have a Learning & Development plan*

Social Care Workers frequently face challenges in obtaining the necessary support and guidance to engage in basic training.

<u>Post Registration Training and Learning -</u> <u>Continuous Learning & Development Standards</u>

"I have no career plan"

"I don't know where to go to develop my career"

"I have no idea how to pursue a higher level in H&SC, how do I move from the bottom?"

"I have no career goals - no opportunities have presented [themselves]"

"You neglect bettering yourself because you're focused on the residents"

20.9% of survey respondents stated that they had no support in progressing their role.

16.2% of survey respondents stated that they did not know about any learning and development opportunities.

*When discussing learning and development, no Social Care Workers mentioned having a learning and development plan Key Insight 4

SCWs report there is lack of clarity on career development and opportunities for progression

Social Care Workers often report difficulties in obtaining information about the various career development opportunities available. As a consequence, they may miss out on valuable learning experiences and potential career progression. This has implications for retention and succession planning of social care workforce "There's progression in other industries not in caring"

"It's like most communication, nothings fed down to us, managers wouldn't have a clue how to help us progress"

"The higher up the chain the less interaction you have with your users - so no [desire to progress]. There should be other ways to develop that aren't management"

"I see people 10/15 years in the job who are unhappy and have seen no career movement - that puts me off staying"

Impact of work pressures and complexity of the Social Care Role

The emotional burden and trauma that Social Care Workers experience in work not only affects them within their working environment, but can also impact their mental health and wellbeing.

This, combined with high and unpredictable work demands, was one of the reasons for the high dropout (80%) rate during sessions. "You should work in a social care role for a week and see if you turn up"

"Even mandatory meetings, people don't turn up - this is a typical dropout"

"Why bother, no-one is going to listen"

"Nature of care is very intense, not having adequate staffing levels, working long (12h) shifts - you burn out"

"I can't remember the last shift I did without having extra calls, there's lots of people getting very overwhelmed"

Key Messages

Considerations in supporting the Care in Practice Framework

Social care workers have reported that in order for the CIP Framework to be successful, there needs to be acceptance of their fundamental needs; for example: equitable access to learning and development, paid and protected time to undertake learn and development

unpredictable schedules,

pay etc.

Actions

→ Support employers to recognise the importance and value of a continuous learning and development framework

Support employers/mangers to ensure every social care workers has a learning and development plan.

Support employers to understand how learning can be facilitated within Social Care Worker schedules.

→ Acknowledge, address and potentially work around these barriers in order to meet the needs of Social Care Workers in the context of their wider challenges.

Clarify the role of the manager within learning and development

There is a need for further engagement to be undertaken with managers to help them understand their responsibilities to facilitate and support social care workers continuous learning and development.

- → Create structures that support and develop learning cultures within organisations and which support Social Care Workers in their development ensuring value and recognition.
- → Establish Care in Practice champions to advocate for learning and development opportunities within organisations.
- → Review existing mechanisms of ensuring Social Care Workers are receiving the necessary learning and development to do their job safely and effectively.

Develop information on available learning and development opportunities

Support Social Care Workers to access the right learning, at the right time with appropriate medium.

Support social care workers to explore options to develop their knowledge, skills and competencies within their chosen career pathway.

Actions

Learning & Development

→ Employing organisations should be providing service specific learning and development to support their workers to practice safely and effectively.

> Employing organisations should ensure that Social Care Workers have access to all necessary information regarding learning and development related to their roles and responsibilities for each level, as well as any qualifications that may be required.

Progression:

→ Employing organisations should ensure learning and development frameworks align with the Care in Practice Framework and should match real opportunities for advancement and development within organisations.

Offer more holistic learning and development and preparation for new Social Care Workers

Learning and development at entrance level is needed for all new Social Care Workers. This will support better understanding of the complexities of social care, support resilience, wellbeing, capability and capacity.

Employing organisations should ensure good induction and ongoing learning and development appropriate to roles and responsibilities

- → Employing organisations should provide information on learning and development to support new Social Care Workers on their vital role and the realities of its challenges / complexities.
- → Employing organisations should support staff wellbeing and resilience through a compassionate leadership model including coaching and mentoring.

Further Insights & Recommendations

Social Care Workers said their role is more a vocation than a profession.

Vocational (often altruistic and personal) drivers have an influence on career ambitions and progression.

Some Social Care Workers wish to progress while maintaining direct caring responsibilities. Others wish to progress to management roles.

Actions

→ Recognise that a portion of Social Care Workers have unique drivers, and develop routes for progression that consider and address their vocational mindsets and priorities.

> Recognising an altruistic and value based workforce is a positive attribute for the social care sector and should be valued and viewed by employers as providing added value.

Social Care Workers said they want to better relate to the Care in Practice Framework

SCWs learning and development can be supported through further explanation of the CIP framework.

- → Support SCWs to understand how the CIP Framework can support their learning and development, career development and progression.
- → Support employing organisations to help them consider the roles and responsibilities necessary at a practitioner, enhanced practitioner and leadership and management level in social care.

Many SCWs talked about the value of their practice experience as having equal or greater value than formal learning and development

Social Care Workers want to be recognised for their practice skills, and formal learning and development is not always seen as the right form of recognition.

- → In valuing social care workers practice , knowledge and expertise they should be supported to continually reflect, learn and develop through their practice.
- → Through the Care in Practice (CIP) framework the Social Care Council will work to assure and validate registrants practice in social care to evidence they are meeting the Standards of Practice and Conduct.

Some social care workers said they do not see the benefits of undertaking learning and development.

Social Care Workers may be unaware of the benefits associated with participating in learning and development programs, such as skill development, increased job satisfaction, and potential for career advancement. This lack of clarity may lead to lower motivation to engage in learning and development opportunities and missed chances for personal and professional growth.

- → Support employing organisations to better articulate and promote the advantages of learning and development, such as career progression, enhanced delegated responsibilities and opportunities for specialisms.
- → Support employing organisations to make it easier for Social Care Workers to envision their career opportunities within health and social care.
- → Support employing organisations to showcase and value Social Care Workers who have benefitted from learning and development, including their achievements, career advancements, and improved outcomes for people supported.
- → Support employing organisations and Social Care Workers in ensuring that individual learning and development plans are in place to strengthen and develop their practice.

Social care workers reported they are motivated to learn and develop but they are often denied these opportunities.

They report that this has resulted in some Social Care Workers becoming demotivated, jaded, and sceptical.

Some Social Care Workers reported that they were "not even receiving the basic training".

- → Support employing organisations to provide vision and leadership to social care workers to ensure they are enabled to deliver meaningful, safe, effective and values-led care focused on the needs and experience of service users.
- → Respond to intelligence that informs where mandatory learning and development requirements at not being met.

Social care workers report there is a clear desire for the CIP Framework amongst the workforce, however, further clarity is required.

Social care staff explain they welcomed the CIP framework structure and it's transparency and they suggested this may result in increased motivation.

The addition of further detail surrounding entry criteria and types of learning and devleopment will result in a more self-explanatory framework.

- → Support and work with the sector to understand and embed the CIP framework and H&S certification
- → Support the sector to identify the range of learning and development opportunities across programmes of care
- → Provide guidance to help Social Care Workers understand the range of learning and development available to them and how undertaking this may influence development in their roles.

Findings Summary

Learning and career progression

Many social care workers feel supported to access learning opportunities within their employment and expressed their hope to progress in their role through the available training. However, others expressed feeling unsupported in accessing and completing learning, with some expressing distrust in the communication of opportunities.

Time and money were described as the biggest barriers to engaging with learning opportunities, including having to pay for qualifications and not having enough free time or not getting paid for learning time. There is also a lack of understanding and guidance about how to progress in their career, and some social care workers also expressed a lack of interest in progressing in the workforce due to the stress and pressures already present in their current role.

Additionally, the lack of space to grow was a common concern, with some social care workers observing others staying in the same role for many years due to the low opportunities to progress. A few Social Care Workers had the opportunity to go into management, but did not adapt well to the paperwork and went back to hands on work. "There are certain things that change for the client, for example, peg feeding, which means you need trained in that. I asked management but they said I'd have to pay for it myself, and do it in my own time."

Learning and career development: Findings



Learning opportunities are accessible & motivating to some



Many SCWs feel that learning opportunities are inaccessible



Many SCWs feel that career progression is unobtainable



Key drivers for learning are to look after service users and meet requirements



Many SCWs feel unsupported in learning opportunities



Many SCWs don't know how to progress in their career

6

Many SCWs feel that career progression is undesirable

The CIP Framework

Many social care workers felt that having a clear understanding of potential career pathways would motivate them in their progression. They felt that seeing a pathway would guide them in their career and help them deliver better care for service users. However, some participants expressed that the framework was insufficient in addressing the broader problems within the profession and that individuals could, in fact, use it to progress into different careers. Accessing the framework was seen by some Social Care Workers as a way to feel valued in their roles and to gain knowledge that could protect them when on duty. However, participants emphasized that employers would need to be supportive of the framework and provide the necessary support when engaging with it. Many participants questioned aspects of the framework and stated that greater guidance and understanding of potential progression would be necessary.

The participants felt that the framework would be particularly beneficial to those beginning their careers in social care work, as it would provide motivation and clarity about potential goals.

"I got my induction but I don't know what happens after all the induction stuff. It would be good motivation for people to see that their progressing up the ladder."

The CIP Framework: Findings



SCWs feel motivated for role & career progression with the framework



SCWs feel that greater support is needed for the framework



SCWs feel that the timing of the framework's delivery is important



SCWs feel that the framework would help them feel valued & protected



SCWs want to know how the framework could impact their careers and development

6

SCWs are concerned that the framework could negatively impact the workforce
The Social Care Profession

When asked about why they entered this career, some Social Care Workers told us they chose the profession with a desire to make a difference in someone's life. A few of them had prior experience caring for friends or family. A few might have picked the role as preparation for other career paths.

And when asked about why they have stayed, some participants described they have considered leaving due to inadequate management and job stress, but have stayed for the rapport and bond they have built with service users. They expressed concerns about less experienced, younger staff being unable to develop such relationships. In general, the workforce was described as understaffed, with many participants working excess shifts to cover for the insufficiency. This had led to a reduction in the quality of care for the service users, and participants felt overworked and underappreciated for the work they did.

Pay is a significant issue, with many participants feeling that the stress and responsibility did not reflect their wage. Low pay also contributes massively to fostering an impression that this is under-skilled, undervalued work. Finally, many participants felt unsupported by management, with a disconnect between management and workers on the ground. Management was described as detached and unresponsive, and there was a lack of support for staff during incidents.

"I think there is a lack of support when there are incidents; for example when you get hit, you're just supposed to deal with it."

The Social Care Profession: Findings



SCWs enter the profession wanting to help others



SCWs want to see changes in their sector



SCWs feel that management are disconnected



Some SCWs want to leave the profession

5

SCWs feel overworked and under pressure



SCWs have concerns about the future of the workforce

6

SCWs feel underappreciated

The H&S Certificate

Many social care workers believed that obtaining a Health and Safety (H&S) Practice Certificate would increase flexibility in employment and save the need for repeated training. They felt that having the certificate would give them the freedom to explore different types of work more easily and help them find a job that fits their needs. They also felt that having the certificate would make them feel credible, recognised, and trusted in their abilities and role. However, some participants felt that making the certificate mandatory could act as a barrier for individuals who have low confidence in education, deterring them from entering the role. Others stated that service pressures and confidence in education could be a barrier to completing the certificate in a timely manner. Other participants also felt that obtaining the certificate would detract from their previous experience and qualifications. Overall, care workers emphasised the need for flexibility and support to help care workers access and complete the certification.

"It would make you feel like your skills are recognised. there's stigma around Social Care Workers, a feeling that we are unskilled"

The H&S Certificate Findings



The certificate would save time and energy



The certificate may act as a barrier to role entry

2

The certificate would help SCWs feel valued



The certificate is perceived as undesirable or unattainable by some

Appendices

Appendix A

Further Research Findings: Attitudes, Expectations and Motivations

Report

Further Research Findings: Attitudes, Expectations and Motivations

Learning and career Learning and career On the contrary, many individuals expressed barriers to Many participants expr progression progression learning opportunities. Paying for qualifications, not having accessing and complet Attitudes Attitudes enough time and not getting paid for learning time, were some participants expr prominent themes. opportunities. - "You're setting people - "I'm on level 2 and I couldn't progress to level 3 because support" it'd cost me over a £1000" - "My manager told me - "[...] like being told there's no staff- we need you in work wanted to last year bu and cancelling your training." Staff feel that Staff feel - "the way training is gi learning unsupported in - There's never time for training. I'd have to do it on my seem more stressed si opportunities are days off or AL. We work really long shifts." learning "there's certain things inaccessible opportunities feeding which means management but they and do it in my own til 17 Learning and career A lack of opportunities to progress in the workforce progression was discussed by many participants. Participants Attitudes described observing others staying in the same role for e.g. 10/15 years because of low opportunities to progress. 6 **CIP** framew - "feels like management level is only accessible through a social care degree" Staff feel that - "There's progression in other industries not in caring" career - "When I first started you had opp of being a senior in your progression is position. That would be a band higher. That's not the case unobtainable now - you're never going to go higher than band 3" 20 The The Some participants expressed that accessing the framework Participants described **CIP Framework CIP Framework** would help them to feel valued in their roles. Others also supportive of the frame Expectations Expectations described how gaining accessing to knowledge could participants also descri protect them when on duty. the framework would a Champion. - "Continuous training could protect you from making - "There would need to mistakes" "Need to have tutors "You don't have to have academics. If you have training, network within each Staff feel that the Staff feel that it gives you more confidence - makes you feel more find things tough" framework would valued" greater support is help them feel needed for the "It would be good to

you- show you what y

terms of managemen

- "I want to continue b

framework

"Professionalising the profession is the way forward."

- "I think employers would welcome the pathway. It

protects them as much as the individual"

16

19

valued &

protected

Appendix B

Research Discussion Guides

CLIENT NISCC DATE December 2022 PROJECT J774 CIP Framework and H&S Practice Certificate: Discovery of Front-Line Social Care Worker Attitudes, Needs, and Expectations. PURPOSE Discussion Guide - 1-1 interviews

Three different discussion guides are included below:

- Individuals in the profession (more than 2 years)
- Individuals who have left the profession
- Individuals who are 'new' to the profession (less than 2 years)

Introduction

- Hi there, this is X calling from Big Motive in relation to you signing up to the Social Care Council Research study. Is now a good time for this research call?
- Thanks for talking to us today, the session will last about 30-40 minutes.
- This session is part of a reform project being undertaken by the Northern Ireland Social Care Council ("The Social Care Council"), who are currently investigating ways to structure and develop a career pathway for social care workers, in addition to a professional development framework and a qualifications-based register.
- We're facilitating these interviews to understand more about your experiences with career pathways and professional development in your employment. In this session we hope to get your thoughts and hopes, as Social Care workers, on what this pathway could look like, and help improve the experience of being a Social Care worker in Northern Ireland.
- This discussion is confidential, and your name won't be used publicly. You're
 representing yourself, in your role as a Social Care worker in NI so please don't be
 afraid to speak your mind.
- Before we start there are a few things to let you know:
 - Your participation is voluntary
 - You can ask any questions at any time
 - Notes will be taken of the session and recorded anonymously

Document

Research interviews discussion guide

Appendix C

Research interviews and analysis (Miro board)

Miro Board

Research interviews and analysis

		Emerging Themes Phase 2
		Increasing responsibilities and workload do no Increasing responsibilities Wages Wages
	::::	
		Variation of career approximate but a wetcom Warman Warman
	::::	Them

Theme 1 - Mot ties and workload do not ref

Theme 4

Theme 7

Appendix D

Focus group presentation / discussion guide (Miro board)

Miro Board

<u>Focus group presentation /</u> <u>discussion guide</u>



Appendix E

Survey

Survey

Survey Questions

Survey Results [Summary Statistics, Representative Quotes, and Raw Data]

						d of the		
14	1		would you feel about your job title changing to "Social Car	e Practitioner", I	1stea	Worker etc.)		
1/	42	How	would you feel about your job title changing to "Social Car -focus titles that currently exist (e.g. Domiciliary Care Wor	ker, Residential	Dorce	Dercent		
15	*2	task	-focus titles that currently only of	Number 93	Ferce	62		
1	43	Resp	oonse		-	1		
1	44		this idea	12	-	2		
1	45	I do I	not like this idea	43	-			
1	146	I don	i't have any preference					
1	147		antry lovel qualification?		-	5		
	148	Wo	uld you like to do the new entry level qualification?	7	-			
	149	Yes		7:		-		
-	150	No			-			
-	151	-	and the second se	have on new per	ople	coming into		
1		WH	hat impact might the potential new entry level qualification					
	152	SO	cial care? (Select all that apply)	Number	Per	rcent		
H	153	-		10	15			
H	154			10	05			
-	155				78			
$\left \right $	156	lt	could improve the care and support any protection a social carer worker could encourage more people to become a social carer worker		34			
+	157	7	could encourage more people to become a social care worker could discourage some people from becoming a social care worker		5			
1	158	8 N	one of these					
	159	0		Select all that app	oly)			
	16	0 14	/hich pathways on the framework would you like to use? (\$	Number	P	ercent		
				Truning	77			
	16		tesponse The Continuous Professional Learning Framework		78			
	16	52 1	The Qualification Career Pathway		12			
	-		None of these		21			
			don't know					
	-		don t know					
		66	Please explain your response.		-			
	1	167	Please explain your response					
				"I'm 57yea old and I w like to cont	ould	A recognised qualification we open other job		
168		168		training so can provid best servid possible "	e the	opportunities a probably give greater under of my current		
			Representative quotes:	possible				
		100	Kehiesenaars 4	araar?				
	-	169	Would this framework motivate you to progress in your c	Number		Percent		
				Number	106			
		171	Response		42			
	172		Yes		4.			

Appendix F

Updated Personas

Miro Board

<u>Updated Personas</u>

Ł	feel Ake you ha	naking individuals feel goo you are a part of their life we saved my life". It's rewar twated to continue to lear.	I am proud to ding and you j					with meeting and helping speak to. Just recently I lo	elderly people. We mig toked after a man who a	g a jab. But over time, i feel ht be the only person that pe ouldn't shave and i got the i much satisfaction, it made s	
Bis Digeriance/Level Types of roles or job position Calific Vision Mol Level Starts in running home Synam Synam of synam of supporting other paople including pargine with physic media and dementia			Caring and Leadership Often corr Open to le	empathetic.		Bie Astan Hughes 32 years Married	Esperience / Level Entry Level Position 1 year of experience	Types of role or job positions Residential Home Care Worker Care for People with learning disabilities	a need to receive gatilant Lack of consistent work or not working. Not use Open to new experience	am not normally good at being told what to do, however,	
duenced her o actor after sch unsing home a eaith and Soci duction & pler of very interes	rk in the care sector whi deciden to work in the col. She started working ther activity Level 2 al Care Diptoma. She do the of training courses, and in minical health whi th course on dementia.	diploma in Health an g in She lows: her work in Goals: d She was considering She mental health nume, who she can better helo p	d Social Care. social care. secorring a subs thinks sople that she s She still airm			Stary He is married with 2 young civilizers who are in pre-school. He will in a nurring assubant and also series this & earns guidatione minimum masso & earning a living was him main masso for applying for this job. He did not have any qualifications in 5C.		e he has slowly doo drifts people way to hen e. Goals: on Continue working of Undertake and at Nove into Day Car	nate about social care but overed he lifes his job as he is good at it. In the residential home, here a qualification in SC.	Motivation: Balance work & inte and im terms & conditions. Thinks: "For nor to stay, J and to an progress and jut paid more, day a lank of all on fiel goo	
g shifts. Spen It hours. Spen ntally at end- scently she ho nts shuation	alarice sometimes need iding time with friends o etime she feels ochaus of the day but knows sh as been feeling more en	ted both physically and te's made a difference. notionally affected by her stories and experiences	develop oppert i - Se abie to unde care and develop specialism relate - Getting support	mu of her own ambitisms & opportunities to oblight in arous of practice interd how the car loops softing in social the Arowshings, table and develop gas neutral health or simale health or simale health controls to avoid feeling and her clerc's situations.		shifts, as he -Not being a like.	of not having time to a a very good football	play football because of fes and Rean to play regulari disons & terms he would scores.	ume with his family. - Earn more than a liv - More trust and eain	more autonomy while doing h understand the career options	
RECLIFE BALAN A scale of 1-10, of work life bala musiyes, i filand	to soliat extent do they have now & have time for		•			good wark.life themselves / 8	10, to set at easier's do they balance & have time for lends / tamily/		•		
ito their center	how insportant is their work at each identity? how insportant is automory	-		•		sects their ter	10, how important is their na of salf identity? 10, how important is safe		•	•	
-		PERSONA C: LO	NG-STAN			4	N •	ERSONA D: 2nd	d-STARTER SA	RAH	
		omething back. After a wh would also love to progres	lle, it feels like ; s and get a hig	and feeling kile I am giving ou are visiting a formly member. But her position like management we can make improvements."			40		ab I wanted to go back t	care worker role for six mo. o work and do something skills so I am able to r	
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The stress of dealing with locals with staff. Feeling that complexing is very similar to a manager tale but paid less Se able to e cet allowed to talk during staff memings (only proportion).		it that he has scenerbing to focus on and he can help others by pleding his tasks able to use his industries and be able to bring others with him is very		horse. Not have reclament shift.	me days the shifts and going from home to ing something permanent to work and with						
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Thank you.

