



My Life in a Care Home

Care Homes initiative Phase 1
Engagement sessions 2024



Purpose

- **Aim: To learn from the lived experience of residents within Care Homes across Northern Ireland and for this voice to effect change across the system**
- Driver for Care Homes initiative led by Public Health Agency (PHA) is to support the voice of residents to be heard within the wider system
- 10,000 MORE Voices methodology selected and survey designed to gather the experience with a focus on person-centred care. Pilot carried out February to March 2024 to refine the final data collection tool
- Stakeholders:
 - Residents and relatives
 - Care Homes providers, managers, and staff
 - MHL, PCC, IHCP, HSCTs, RQIA, NISCC, AgeNI
 - Oversight bodies – DOH, SPPG, COPNI



5 step approach to all 10,000 MORE Voices Project



☆ My Life in a Care Home – survey design

What questions do you want to try to answer with the story data results?

In Phase 1 the core concepts to living within Care Homes include the resident's perspective about:

- Shared-decision making
- Authentic engagement
- Compassion
- Staff knowledge and skill
- Health Literacy
- Empowerment
- Safety
- Personal health and wellbeing

⇒⇒ Next steps

- April – June 2024: Engagement across Care Homes sector to raise awareness about project
- June 2024: Invite Care Homes to register their interest in participating in the project (via RQIA email distribution)
- September 2024: Commence story generation

For Care Homes that have registered interest:

- Link with each Care Home individually to plan timescale suitable to the Care Home
- Provide facilitation training/guide to staff supporting story collection
- Provide resource pack with printed surveys & stamped addressed envelopes for postal return. Provide telephone/video call facilitation to enable accessibility.



Contact details



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