

My Life in a Care Home

Care Homes initiative Phase 1
Engagement sessions 2024

₹ Purpose

- Aim: To learn from the lived experience of residents within Care Homes across
 Northern Ireland and for this voice to effect change across the system
- Driver for Care Homes initiative led by Public Health Agency (PHA) is to support the voice of residents to be heard within the wider system
- 10,000 MORE Voices methodology selected and survey designed to gather the experience with a focus on person-centred care. Pilot carried out February to March 2024 to refine the final data collection tool
- Stakeholders:
 - Residents and relatives
 - Care Homes providers, managers, and staff
 - MHL, PCC, IHCP, HSCTs, RQIA, NISCC, AgeNI
 - Oversight bodies DOH, SPPG, COPNI



5 step approach to all 10,000 MORE Voices Project



1 Design

Design of the SenseMaker process and collection instrument

2 Story Collection

Listening to people's stories using the SenseMaker instrument

3 Emergent Pattern Analysis

Representing all the patterns across the entire story set and for specific subgroups

4 Sensemaking Conversations and Identifying Improvement

Making sense of the data: drawing conclusions and insights that inspire action

5 Actions & Experiments

Carrying out project interventions both as experiments and concrete actions

☆ My Life in a Care Home – survey design

What questions do you want to try to answer with the story data results?

In Phase 1 the core concepts to living within Care Homes include the resident's perspective about:

- Shared-decision making
- Authentic engagement
- Compassion
- Staff knowledge and skill
- Health Literacy
- Empowerment
- Safety
- Personal health and wellbeing

⇒⇒ Timeline

	Stage	Activity	06/23	07/23	ity	01/24	02/24	03/24	04/24	05/24	06/24	07/24	08/24	09/24	10/24	11/24	12/24	01/25	02/25	03/25
1	Survey design and oversight	Meetings with key stakeholders to inform project			e other activity															
	Pilot survey & finalise tool	Active story generation with agreed sites and feedback from the group			that it would not duplicate other															
	Promotion & Engagement	Design of promotion material & engagement matrix			nat it would															
2	Story Generation	Led by PHA			assure															
3	Themes report	Data analysis and emerging themes led by PHA			stakeholders to															
4	Analysis & Report of Phase 1	Regional engagement session within Care Homes sector to present the data and embed analysis led by PHA			Project explored with key sta															
5	Distribution of learning and action plans	Joint approach with DOH/SPPG/PHA/MHL/ PCC/Trusts/Independent sector and wider stakeholders			Project expl															

⇒⇒ Next steps

- April June 2024: Engagement across Care Homes sector to raise awareness about project
- June 2024: Invite Care Homes to register their interest in participating in the project (via RQIA email distribution)
- September 2024: Commence story generation

For Care Homes that have registered interest:

- Link with each Care Home individually to plan timescale suitable to the Care Home
- Provide facilitation training/guide to staff supporting story collection
- Provide resource pack with printed surveys & stamped addressed envelopes for postal return. Provide telephone/video call facilitation to enable accessibility.

Contact details



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