



Solutions from citizens

Human Rights-Based Rehabilitation and Social Work
Utilising & Mobilising Third Sector Organisations

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“Self Directed Support is a **flexible** way of providing social care support, which gives you more **choice** over the way your care and support needs are met. Self Directed Support gives you more **control** over how your support is arranged and managed. This includes deciding: the kind of support you want, when you want to use it and who will provide it.”

Here are some examples of what people use their Personal Budgets for:

- **Employing a Personal Assistant**
- **Practical help at home or in the community**
- **Help to go to a local club or sports group**

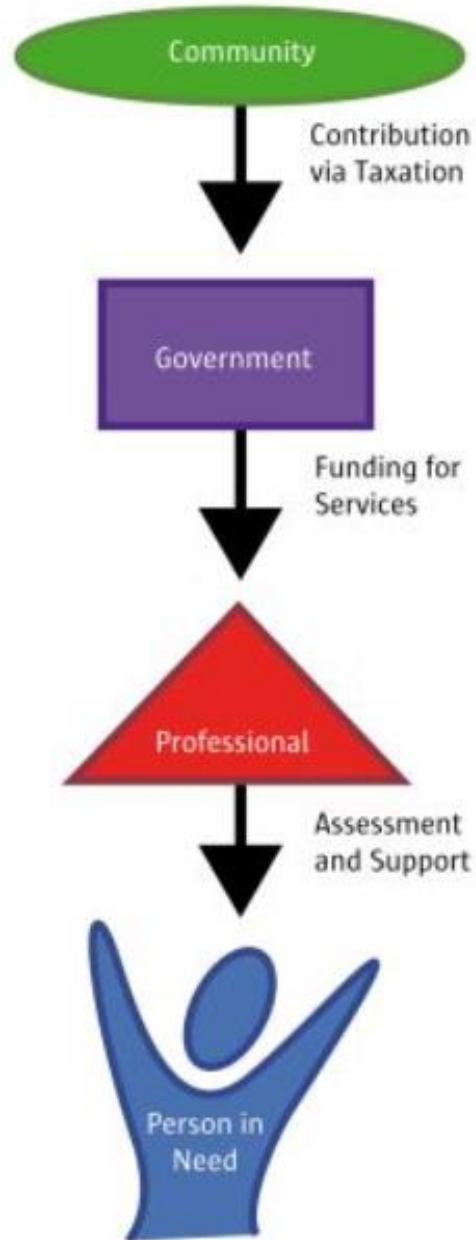
self directed support

the
user
guide



Self directed support research findings

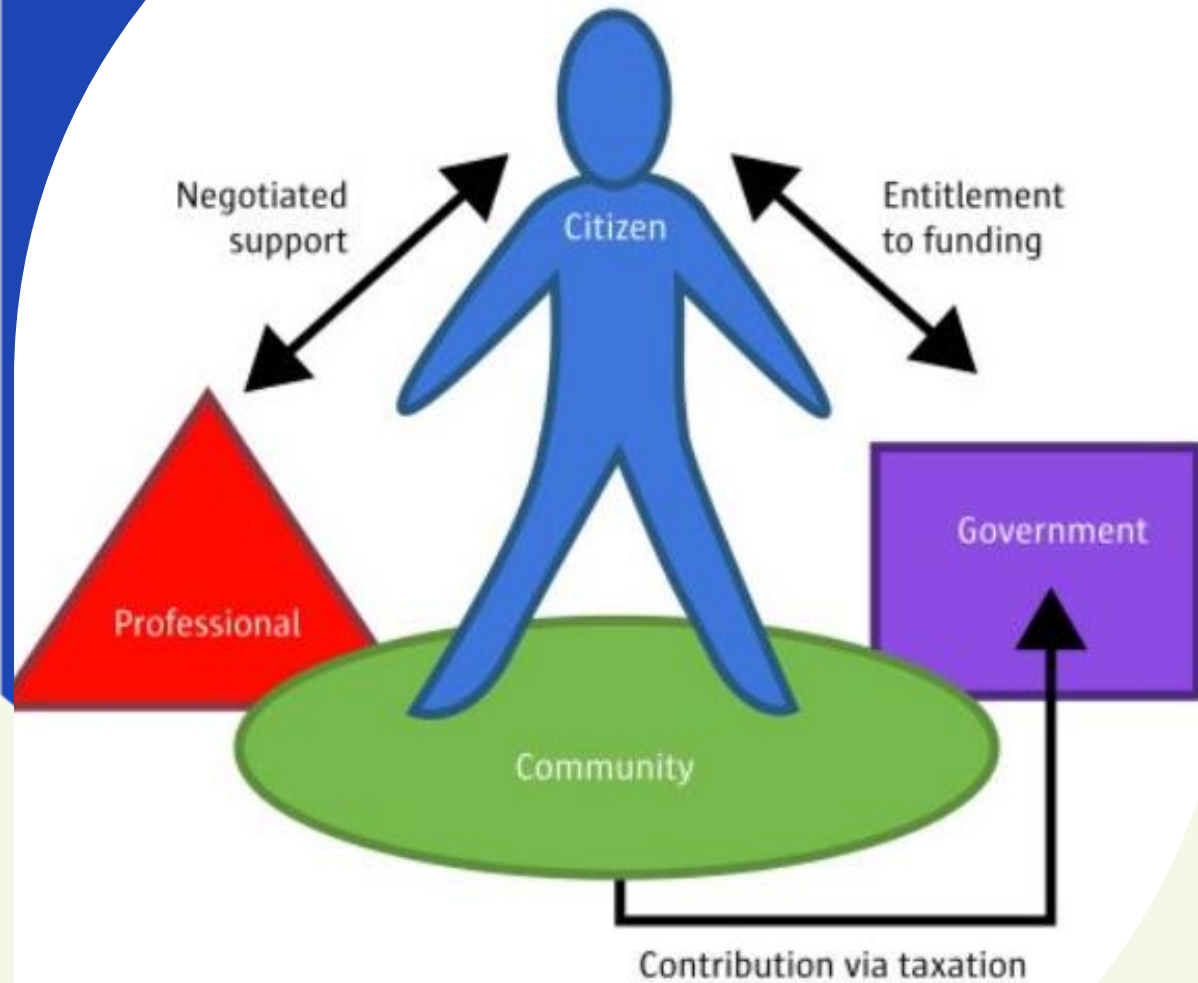
- Lack of control and flexibility
- Managed budgets not widely implemented
- Social care market crisis “the tail is wagging the dog”
- Self directed support falls short of the global definition



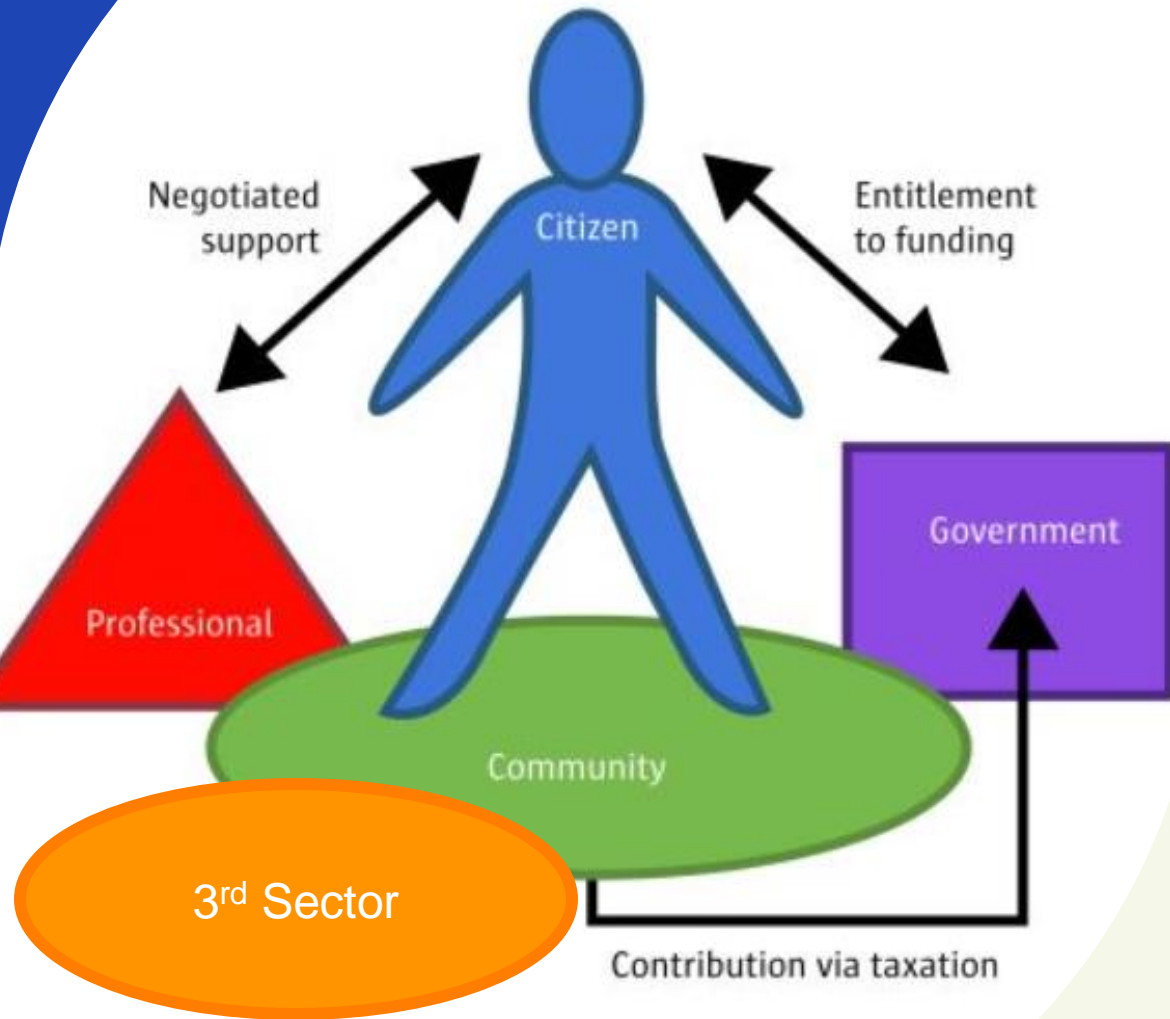
Professional gift model

- Community far removed
- No policy framework
- Complex procurement processes
- Support planning service/task-driven
- Consumers in a privatised market
- Lack of real choice

Citizenship model



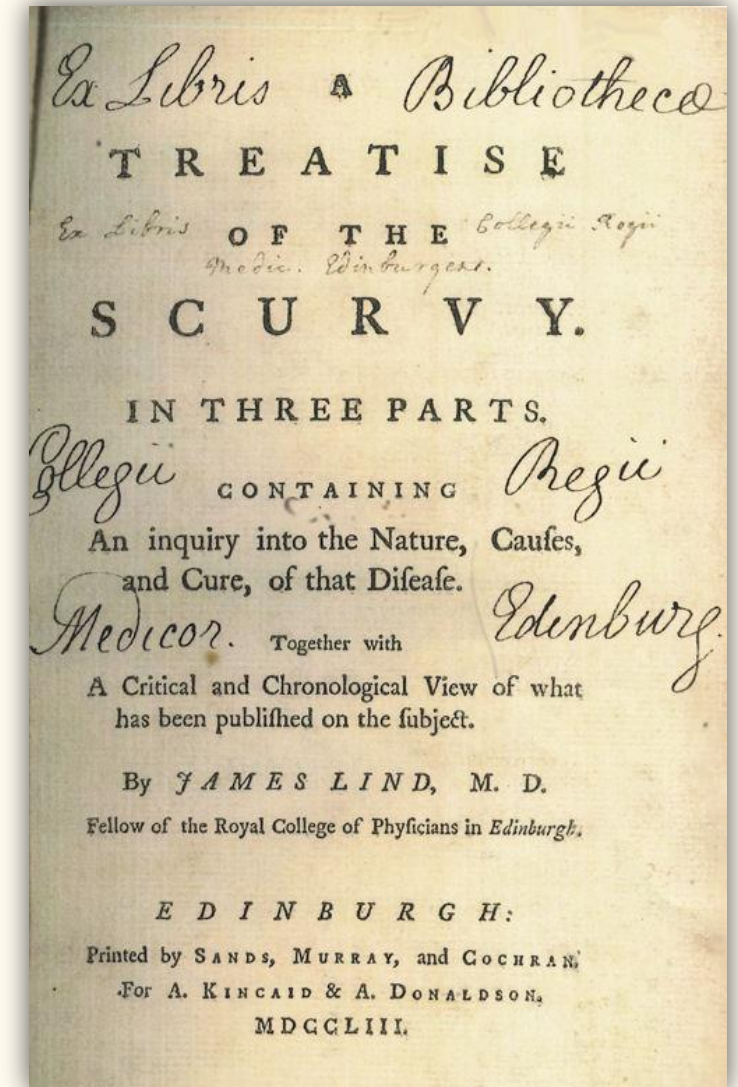
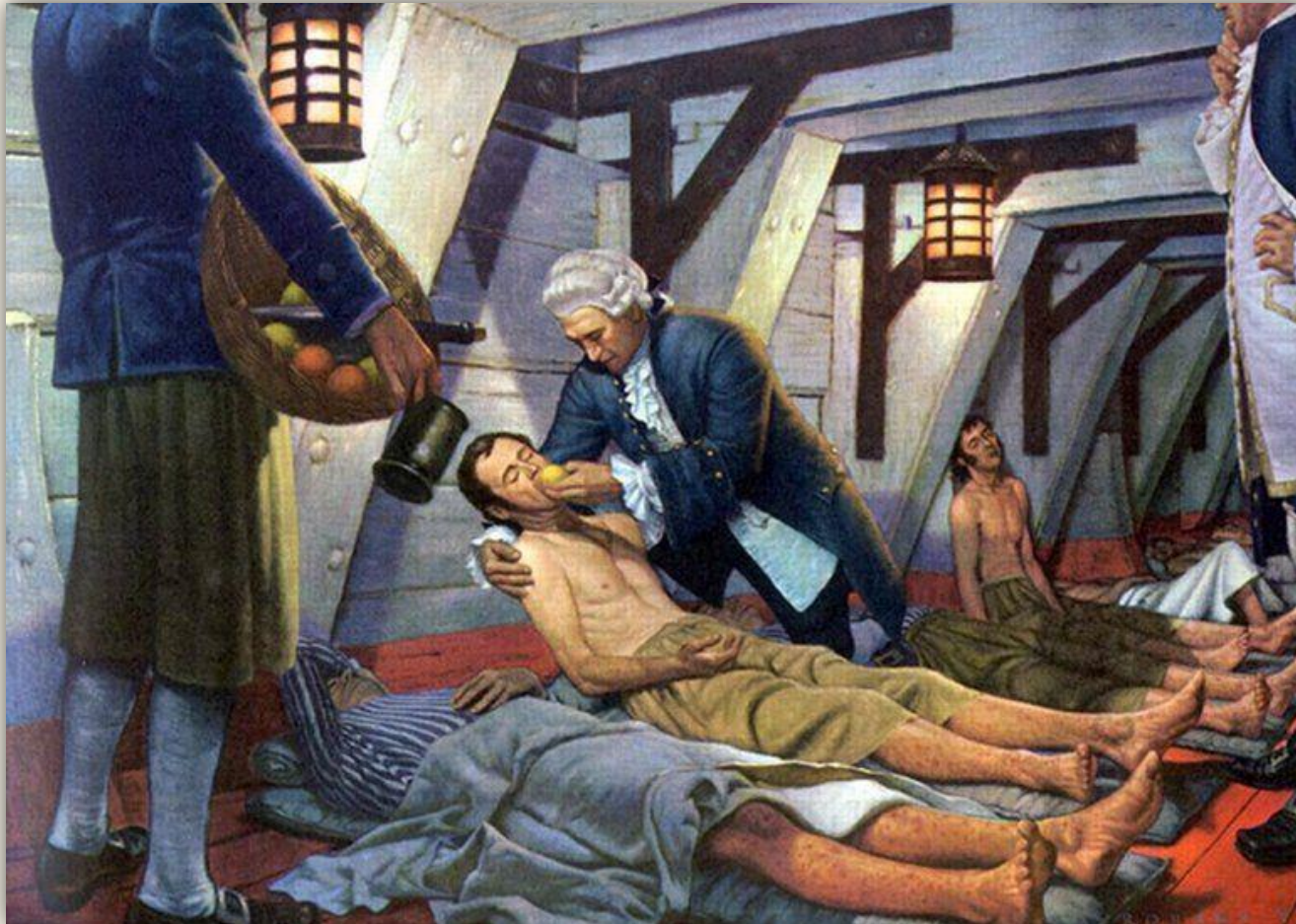
- Person-centred
- Human Rights
- Participation
- Opportunity to develop a vibrant offering of third-sector provision



Citizenship model

- Person-centred
- Human Rights
- Participation
- Opportunity to develop a vibrant offering of third-sector provision

Evidence Based Practice | James Lind (1753)



Evidence Based Practice




- Trials
- Systematic reviews
- Clinical guidelines

Evidence Based Practice




Clinician's
expertise



Patient
preference



Current
best
evidence



Practice
context

Evidence Based Practice | Clinical Guidelines



Based on what:

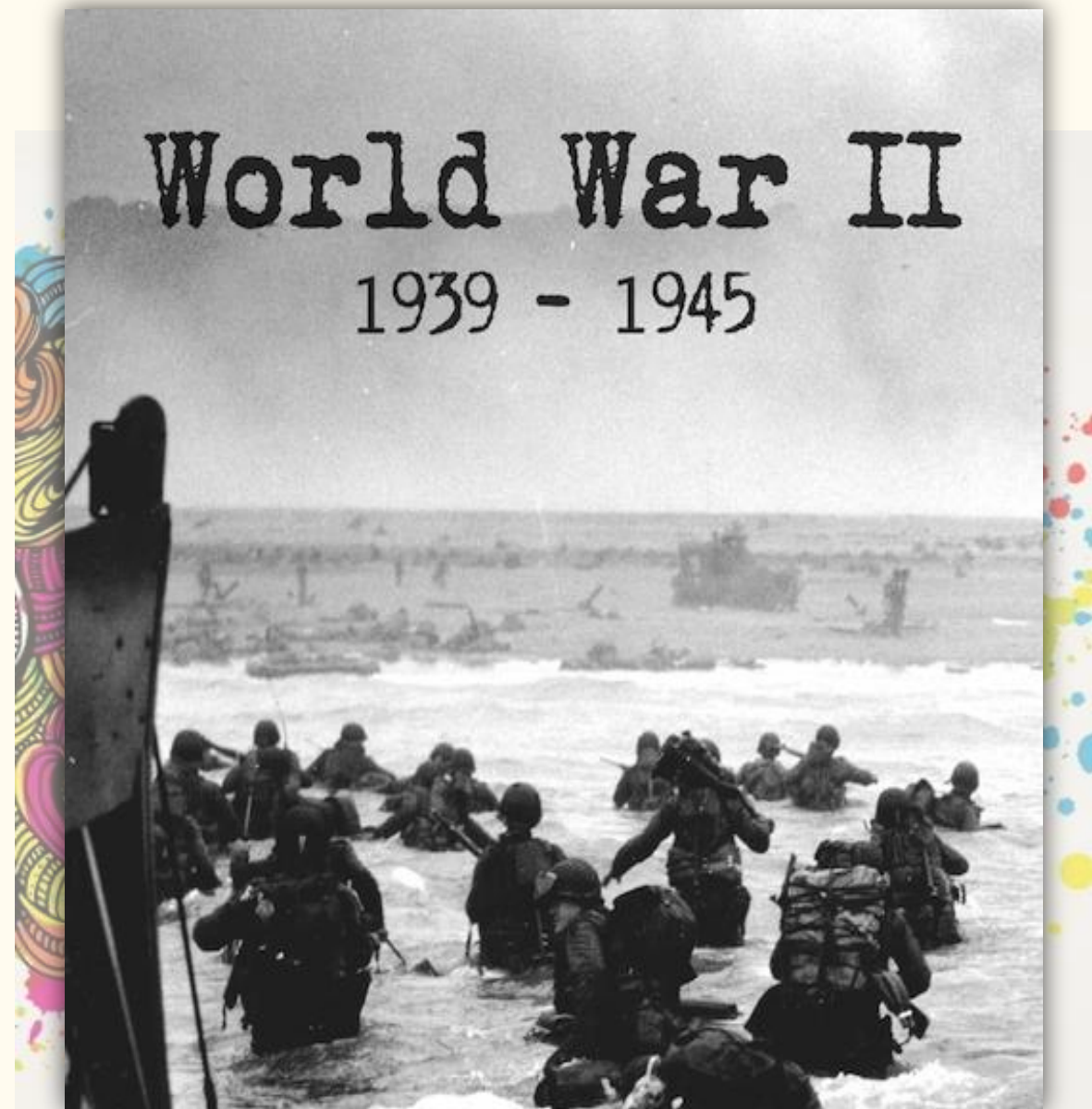
- research is available
- professionals do
- health & social care delivers
- society expects is normal
- patient goals are set

Human Rights Practice



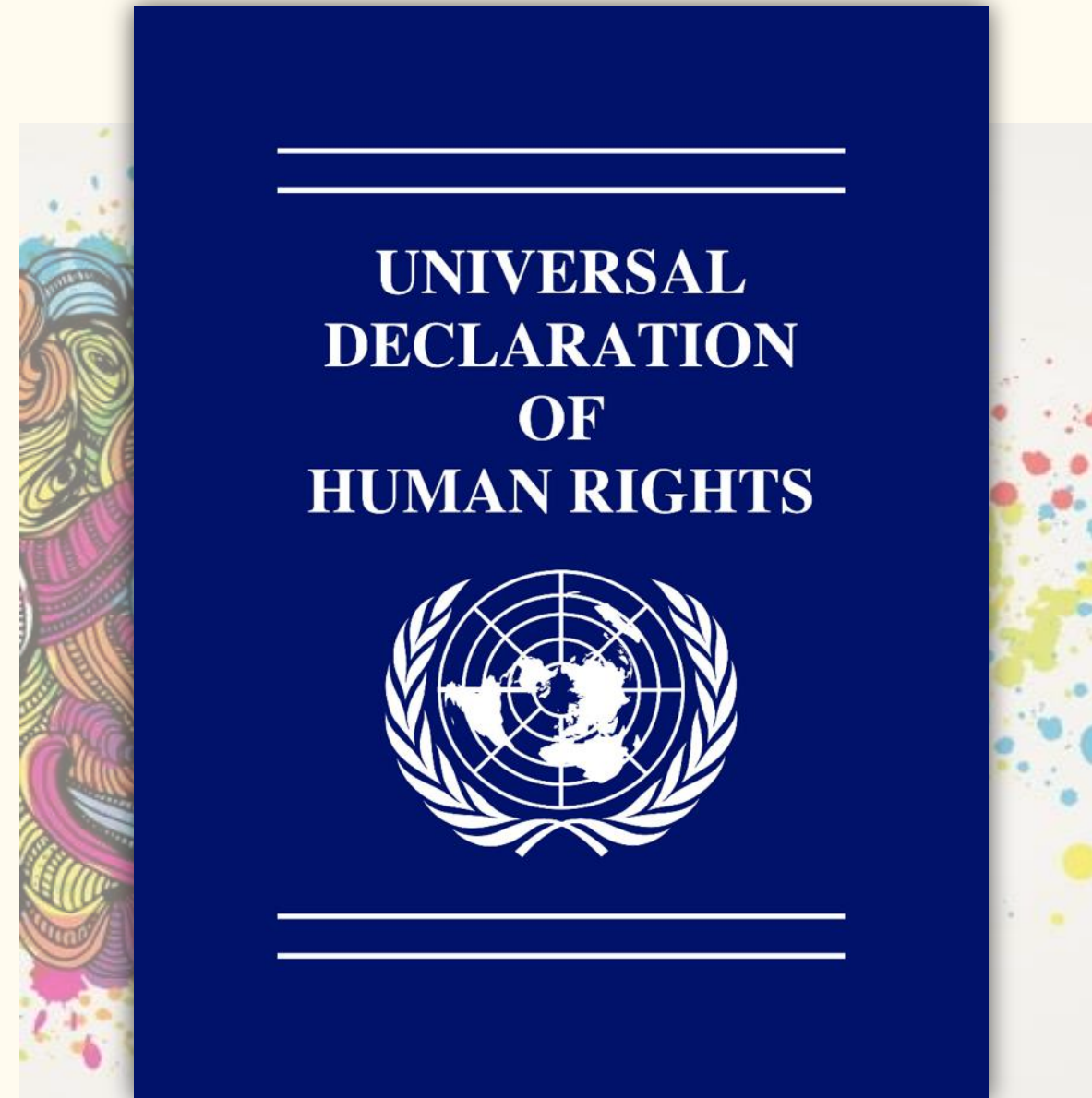
United Nations Charter

“... signed **26th June 1945**, at the conclusion of the United Nations Conference on International Organization.”



Universal Declaration of Human Rights (UDHR)

“...proclaimed by the UN
General Assembly on
10th December 1948.”





CONVENTION
ON THE RIGHTS
OF PERSONS
WITH DISABILITIES

UN Convention On The Rights Of Persons With Disabilities (UNCRPD)

- International human rights treaty **adopted** in 2006.
- UK agreed to follow it in 2009
- NI agreed to follow in 2024

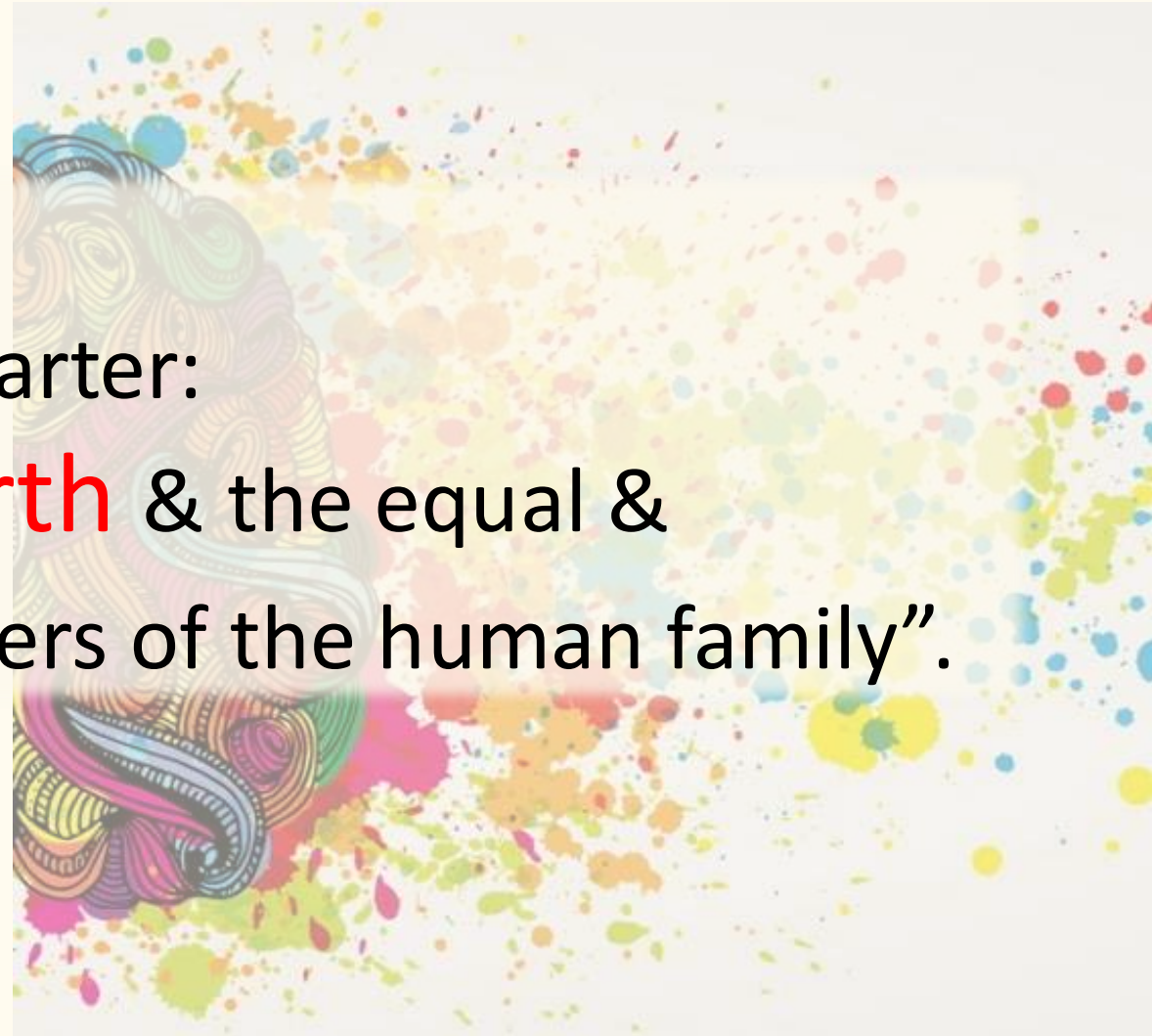




UNCRDP Preamble

Citing principles of 1946 UN Charter:

“...the inherent **dignity** & **worth** & the equal & inalienable **rights** of all members of the human family”.





Disability

“...is an evolving concept & ...disability results from the **interaction** between persons with impairments & **attitudinal** & **environmental** barriers that hinders their full & effective participation in society on an equal basis with others.”





Human Rights

Article 26 - Habilitation and Rehabilitation

“...including through **peer support**, to & maintain enable persons with disabilities to attain **maximum independence**, **full physical, mental, social & vocational ability**, & **full inclusion & participation in all aspects of life.**”





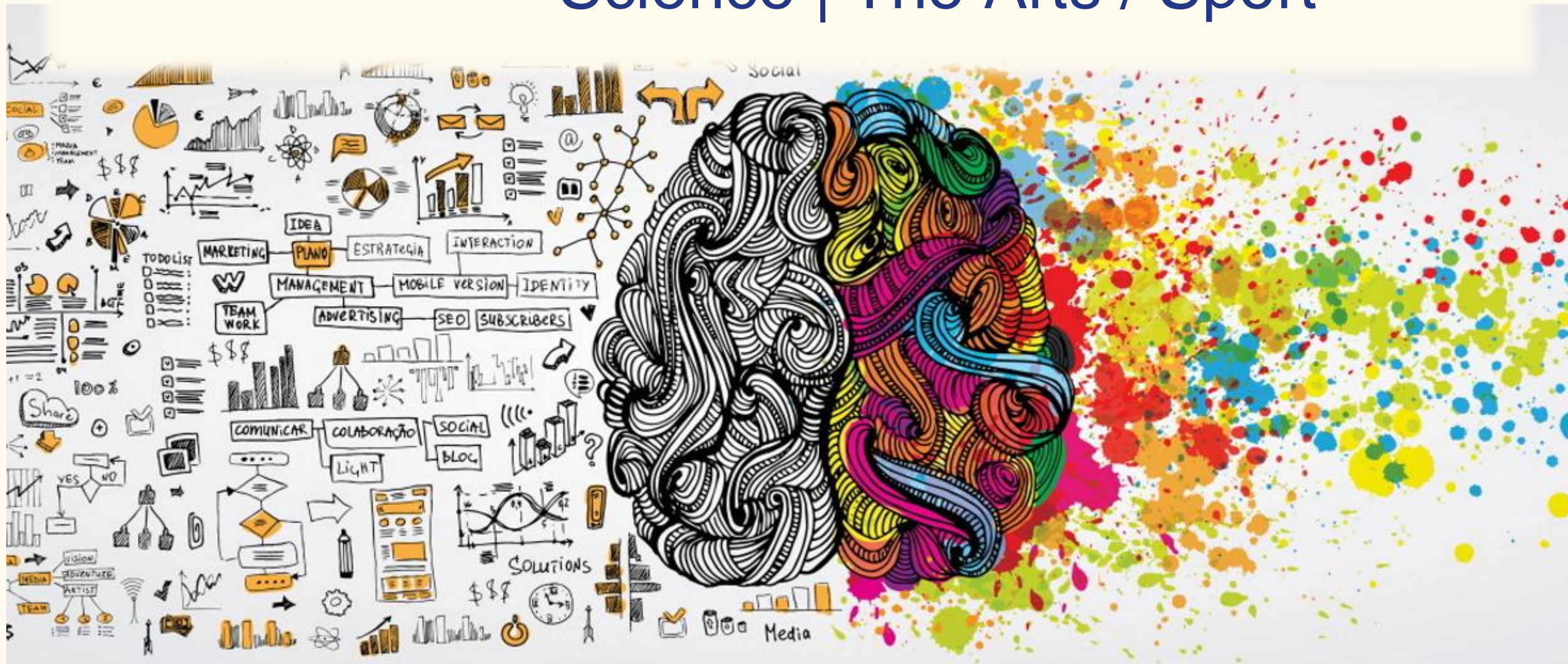
Human Rights

Article 30 - The Arts & Sport

“...develop and utilize creative..., artistic... potential, ...for their own benefit, but also for the enrichment of society...
...to participate on an equal basis with others in recreational, leisure & sporting activities



Evidence Based Practice | Human Rights Practice Science | The Arts / Sport



Sports

Pedal power & Triathlon Ireland events

The Creative Arts

Visual arts, photography, music, film, creative writing, poetry, animation, drama, physical theatre, creative gardening & combined media showcased at galleries & arts festivals



Jonny Collins



Jonny Collins



Jonny Collins

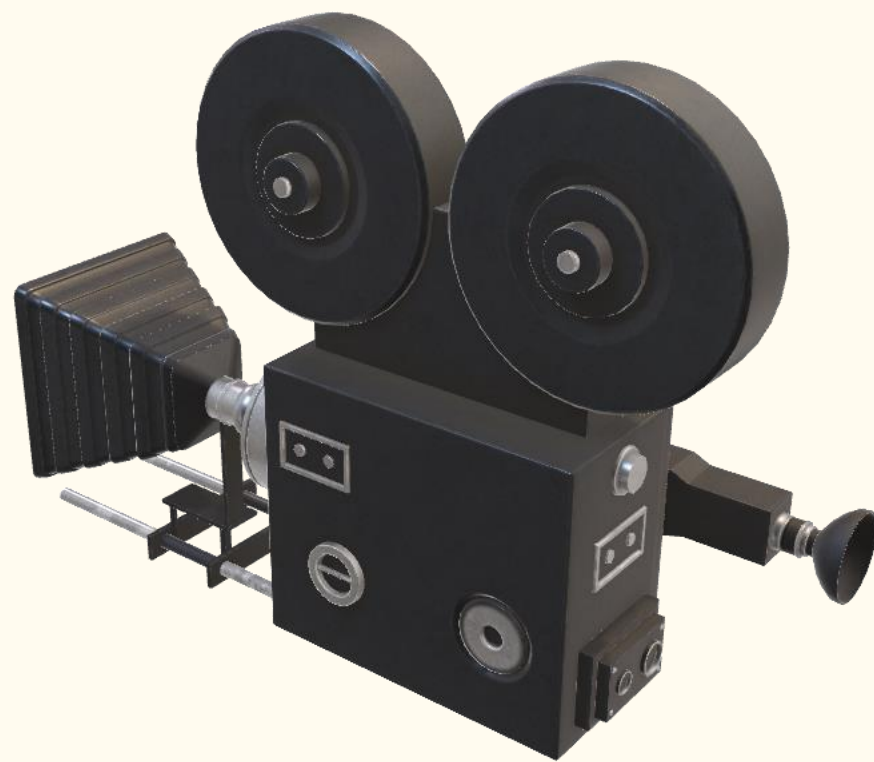
Sports





Creative Arts





Rehabilitation, recovery
and reducing health inequity:

Easing the pain



Rachel Newton
& Natasha Owusu

The Chartered Society
of Physiotherapy

2nd edition
September 2024

Human Rights Based Practice

Rehabilitation, recovery
and reducing health inequity:

Easing the pain

Dr McCrea brought his clinical, academic and research expertise, particularly in Evidence Based Practice (EBP) in Stroke, to deconstruct, then remodel how a physiotherapist might 'base' their practice on human rights. This has led to him developing a model of Human Rights Based Practice (HRBP), which encompasses EBP.



Human Rights Based Practice

Rehabilitation, recovery
and reducing health inequity:

Easing the pain

The unusual element, radical even, is that this not only engages people with an ABI to take part in the arts and sports, but protects their engagement from being turned into therapy, rehabilitation or a health outcome. There is a therapeutic benefit for all of us in society as we engage in the arts and sports, so the primary objective was for people with an ABI to also be able to take part on their own terms, on an equal basis as others, for its own sake.



Dermot McConaghy - Street Artist

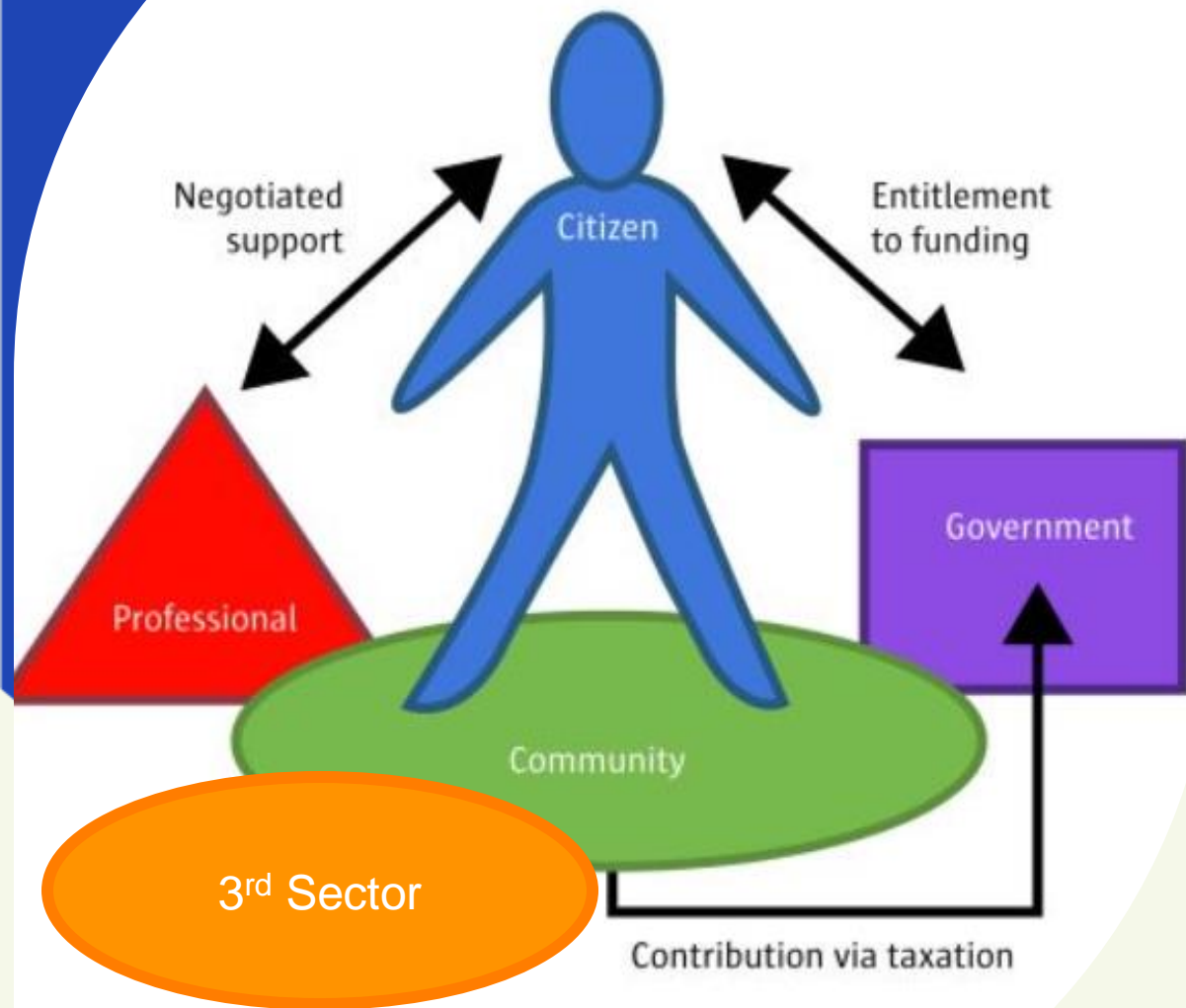


"I'm here
I exist

I've found my voice
This is what I've got to say"



“I believe in the power of the Arts & Sports to
change peoples lives!”



Citizenship model

- Person-centred
- Human Rights
- Participation
- Opportunity to develop a vibrant offering of third-sector provision

Professional gift model

Citizenship model

Established market of provision



Allocate personal budgets



Offer Service / list of tasks

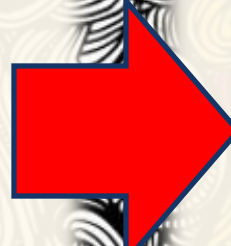
Person centered understanding of need



Allocate personal budgets



Citizens fund / design appropriate provision



Thank you!

